

## November Live Classes 2017

### **Monday November 6, 2017**

**2:00pm Pacific - Relationships Class 1 -5:00pm Pacific - Healthy Weight and Self Image Class 9 -**

### **Tuesday November 7, 2017**

**2:00pm Pacific - Traumatizing Experiences of Wildfires, Floods, Earthquakes, and other disasters Class 8 -**

**5:00pm Pacific - SPR PAIN RELIEF and Management of Long Term Conditions Class 9 -**

### **Tuesday November 14, 2017**

**2:00pm Pacific - Traumatizing Experiences of Wildfires, Floods, Earthquakes, and other disasters Class 9 -**

**5:00pm Pacific - SPR PAIN RELIEF and Management of Long Term Conditions Class 10**

### **Wednesday November 15, 2017**

**2:00pm Pacific - Relationships Class 2 -**

**5:00pm Pacific - Healthy Weight and Self Image Class 10 -**

### **Monday November 20, 2017**

**2:00pm Pacific - Relationships Class 3 -**

**5:00pm Pacific - Healthy Weight and Self Image Class 11 -**

### **Tuesday November 21, 2017**

**2:00pm Pacific - Traumatizing Experiences of Wildfires, Floods, Earthquakes, and other disasters Class 10 -**

**5:00pm Pacific - SPR PAIN RELIEF and Management of Long Term Conditions Class 11**

### **Monday November 27, 2017**

**2:00pm Pacific - Relationships Class 4 -**

**5:00pm Pacific - Healthy Weight and Self Image Class 12 -**

**Tuesday November 28, 2017**

**2:00pm Pacific - Traumatizing Experiences of Wildfires, Floods, Earthquakes, and other disasters Class 11 -**

**5:00pm Pacific - SPR PAIN RELIEF and Management of Long Term Conditions Class 12**